



Sports House, Suite 2.12
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Volleyball Queensland State Teams **Athlete's Code of Conduct**

OBLIGATIONS OF THE ATHLETE:

The Athlete shall -

- (a) Work towards the attainment of their full potential in the Sport.
- (b) Maintain personal habits of health conducive to sporting excellence.
- (c) Abide by both the rules and the spirit of the Sport
- (d) Behave and dress in a dignified manner when representing the State.
- (e) Do not purchase nor consume alcohol whilst involved in official representative activities, or on tour with the state team.
- (f) Do not smoke whilst involved in official representative activities, or on tour with the state team.
- (g) Do not consume nor encourage in others the consumption of drugs, stimulants and other substances with a view to modifying or altering growth, behaviour or performance.
- (h) At the request of the Australian Sports Anti Drug Agency, provide a sample of body fluid for analysis by the ASADA to determine whether or not drugs, stimulants or substances that modify or alter growth, behaviour or performance have been used.
- (i) Promptly notify the coach of any existing condition, illness or injury which may develop or occur that may prejudice the athlete's continued training and participation in the sport.
- (j) Give and encourage others to give 100% during training and competition.
- (k) Abide by the team curfew
- (l) Co-operate with your coach, manager and team-mates at all times.
- (m) Show respect for your opponents, tournament officials and referee's decisions.
- (n) Be correctly attired for practice.
- (o) Wear clean, neat and tidy clothes (Polo shirt travel) while travelling and or attending official functions.

ATHLETE'S RESPONSIBILITIES:

- (a) Be early for trainings, games, meetings and other commitments.
- (b) Set up and take down nets and other equipment.
- (c) Take care of and be accountable for all equipment, especially balls. (You should finish with the same number of balls you started with).
- (d) Training's start on time i.e. taping is done beforehand, water bottles filled.
- (e) Always let the coach know if you can't attend training or team commitments or will be late.
- (f) No-one leaves until the coach officially dismisses you i.e. when equipment is collected and team talk completed.
- (g) No rubbish is to be left behind i.e. food, strapping tape, etc.
- (h) All players' bags and equipment must be kept in a neat state.
- (i) Respect all facilities and equipment e.g. no hanging on the net during training/competition.
- (j) Assist other squad/team members to understand and adhere to the Athlete's Code of Conduct.

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A serious breach of this Athlete's Code of Conduct according to team officials may result in the player being suspended from the team for the remainder of the Championships. The parent(s)/guardian of the offender will be notified regarding the breach of conduct. The player may be sent home at the first available opportunity, with any additional expense being the responsibility of the player or parent(s)/guardian.

DECLARATION:

I have read the Athlete's Code of Conduct and understand its contents and conditions. I accept the responsibilities contained therein and swear to abide by them during all Queensland representative team commitments.

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