



Sport House, Suite 2.12  
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## Squad Update No 2

### AUSTRALIAN JUNIOR BEACH VOLLEYBALL CHAMPIONSHIPS (AJBVC)

### BUNBURY, WESTERN AUSTRALIA

### 15-18 APRIL 2019

#### Queensland Beach Volleyball State Team Squad

The following information is for travelling athletes selected for the Queensland Beach Volleyball State Team for the 2019 AJBVC:

#### Key Dates

Friday 12 April	Athletes competing in u21 & u23 AUS Championships depart
Saturday, 13 April	QLD delegation travels to Perth/Bunbury 5pm Teams train in Bunbury
Sunday 13 April	11am-12pm Teams train Afternoon – support Qld athletes in u21/u23 finals Evening – Qld Squad (athletes & coaches) BBQ
Monday, 14 April	*Australian Junior Beach Volleyball Championships starts
Thursday, 18 April	*Australian Junior Beach Volleyball Championships finishes QLD Delegation BBQ (parents/supporters welcome)
Friday, 19 April	QLD delegation returns to Brisbane

#### Flights

Outbound:	Saturday, 13 April 2019	BNE-PER	VA464	0840-1125
Inbound:	Friday, 19 April 2019	PER-BNE	VA469	1245-1910

#### When & Where to Meet:

Brisbane Domestic Airport (Virgin group check-in) no later than 7am

#### What to Wear on the Plane:

- VQ Athlete Polo
- VQ tracksuit
- VQ travel shorts or plain black, knee-length shorts  
(please note if you wish to wear compression garments you are welcome to instead of shorts or tracksuit pants – these must be plain black and ankle length)
- All athletes must travel in closed shoes

#### What to Pack in Your Carry-On (VQ backpack)

- Your playing uniform (maroon & white tops, shorts/bikini bottoms, cap/visor)
- Water bottle
- Your toothbrush

Note: you may want to download the Virgin Australia free Entertainment App before you travel

#### Ground Transport

Charter buses will transport each group from the airport to Bunbury and back.

In Bunbury the group will have a car for emergencies & help carry groceries back from the supermarket.



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## Accommodation

The teams and coaches are booked in to:

Discovery Park Koombana - Koombana Drive, Bunbury

[https://www.discoveryholidayparks.com.au/wa/bunbury/koombana\\_bay](https://www.discoveryholidayparks.com.au/wa/bunbury/koombana_bay)

Discovery Park Koombana is a beachfront accommodation within walking distance of:

- Shops – grocery shopping will be done locally with Coles located in the city centre
- Restaurants
- The competition venue - athletes will walk in groups between our accommodation and the competition venue (across the road)

The accommodation is fully self-contained cabins where the athletes will share with other team members. (note: rooming arrangements have been set by the team coaches and VQ staff).

There are laundry facilities and cooking facilities.

You do not require extra bedding as this is included in the accommodation.

Under NO CIRCUMSTANCES are male/ female athletes allowed in each others rooms at any stage. At all times, team staff must know where athletes are – athletes are not permitted to leave the team at any stage without prior permission.

## Meals

Athletes will purchase and organise their own meals for the duration of the tournament at their own expense. It is anticipated that the squad will be broken into smaller groups and cater for themselves, with the assistance of team coaches. As a guide, we would suggest providing an amount of no more than \$150 - \$200 for meals.

## Family and Friends

We understand that family and/or friends may be in Bunbury to support the teams. Whilst we do appreciate the support, athlete's primary focus is to play volleyball.

Should any athlete/s wish to spend time with family/friends whilst in Bunbury – you must have prior permission from your team coach and must provide details of how long you expect to be absent as well as a contact number where you can be reached.

## Uniform

a) On court –

Whilst playing you must wear you official Qld Uniform.

Girls = bikini top and bottom; boys = singlet and shorts

A hat is optional, but if you choose to wear one it must be the official cap or visor, or an un-branded hat pre-approved by the Head of Delegation.

b) At the competition –

You must wear your Qld uniform.

Note: you must wear enclosed shoes to and from the competition venue

c) At the accommodation and around town–

Wear comfortable clothes of your choice, provided they are clean and decent.