# WHAT IS THE QAS VOLLEYBALL PROGRAM?

Volleyball Australia: Queensland Academy of Sport Volleyball Program - This is a partnership between Volleyball Australia (VA), Queensland Academy of Sport (QAS) and Volleyball Queensland (VQ).

The QAS Volleyball Program has been established to provide a high-performance practice environment for athletes that have been identified as having the potential to play Volleyball (Beach and/or Indoor) at state, national and international level with a further goal to develop athletes to compete at the Olympic Games.

# WHAT IS THE EMERGING TALENT SQUAD?

The Emerging Talent squad is an initiative of the QAS Volleyball program that will develop grassroots volleyball players and will teach fundamental movement skills as well as volleyball-specific techniques and strategies.

# WHAT EXPERIENCE DO I NEED?

Athletes do not need to have any volleyball experience, but a desire to learn, grow and improve as a volleyball athlete is essential.

The QAS Volleyball Program is complementary to school, club and state squad activities. We highly encourage all QAS athletes to participate in these other programs simultaneously with their QAS training.

# HOW MUCH WILL IT COST?

If selected in the 2019/20 Emerging Talent Squad, the fee will be \$550 inc GST.

- The squad fee will cover: + Professional coaching and expertise
  - + Weekly court training and equipment
  - + Emerging Talent Squad uniform
  - + Access to the **New** QAS Online Volleyball Portal

# HOW OFTEN WILL WE PRACTICE?

Emerging Talent Squads will be scheduled for practice **Once per week**\*.

- Sunshine Coast (Mountain Creek) Thursday Evening
- North Brisbane Friday Evening OR Sunday Morning (2 Centres)
- South Brisbane Saturday Morning OR Wednesday Afternoon (2 Centres)
- Darling Downs (Toowoomba) Monday Evening

\*There will be times throughout the year where squads will not have practice due to availability of venues, coaches or clashes with competitions.

# ARE ALL THE CENTRES THE SAME?

**Yes**, all emerging talent squad centres will provide the same opportunity to athletes. You can choose which centre you would like to be considered for.

Our current scholarship period concludes end of March 2020.

### **How to Register:**

Scan the QR Code below using your smartphone or tablet or enter the following URL into your web browser:

https://tinyurl.com/yxrbjkaq



# DID YOU KNOW?

Over **250** athletes participated in the QAS Emerging Talent Program in 2018

#### Contacts

### Dean Bielanowski

QAS Volleyball Program **Emerging Talent Head Coach** +61 (0) 449 012 040 qasemergingtalent@avf.org.au

### **Craig Marshall**

QAS Volleyball Program **Head Coach** +61 (0) 410 507 690 Craig.Marshall@avf.org.au







# QAS Volleyball Program 2019/20 Emerging Talent Squads

# Get Involved!

Trial Fee - \$27.83 (paid with online registration)

Your trial fee allows you to attend three sessions where QAS coaches will assess you for inclusion in the training squad.

# **Brisbane South** (Three Training Centres)

1. **QSAC Indoor Sports Hall** - Cnr Kessels Rd & Mains Rd, Nathan (Saturday Mornings).

**Time:** Male: 7:00am – 8:30am / Female: 8:30am – 10:00am

2. **QSAC Indoor Sports Hall** - Cnr Kessels Rd & Mains Rd, Nathan (Sunday Afternoons/Evenings)

**Time:** Male: 3:30pm – 5:00pm / Female: 5:00pm – 6:30pm

3. **Mansfield SHS Sports Centre**, Ham Rd, Mansfield – Enter off Ham Rd (Wednesday Afternoons)

Time: Male & Females: 4:00pm - 5:30pm

# **Brisbane North** (Two Training Centres)

1. **Craigslea State High School** - 685 Hamilton Rd, West Chermside (Friday Evenings)

**Time:** Female: 5:30pm – 7:00pm / Male: 7:00pm – 8:30pm

2. Nudgee College - 2199 Sandgate Rd, Boondall (Sunday Mornings).

**Time:** Male: 8:00am – 9:30am / Female: 9:30am – 11:00am

# **Sunshine Coast**

Location: Mountain Creek State High School. Lady Musgrave Drive,

Mountain Creek (Thursday Evenings)

Time: Female: 5:00pm - 6:30pm / Male: 6:30pm - 8:00pm

# **Darling Downs**

Location: Harristown SHS: 341 - 367 South Street, Toowoomba

(Monday Afternoons/Evenings).

Time: Junior Male: 4:00pm - 5:30pm / Junior Female: 5:30pm -

7:00pm / Senior Males & Females: 7:00pm - 8:30pm

# **Register Online Now:**

# https://tinyurl.com/yxrbjkaq

For more information about the Emerging Talent program, see overleaf...

### **How to Register:**

Scan the QR Code below using your smartphone or tablet or enter the following URL into your preferred web browser:

https://tinyurl.com/yxrbjkaq



## Contacts

### Dean Bielanowski

QAS Volleyball Program
Emerging Talent Head Coach
+61 (0) 449 012 040
qasemergingtalent@avf.org.au

## **Craig Marshall**

QAS Volleyball Program
Head Coach
+61 (0) 410 507 690
Craig.Marshall@avf.org.au





