

## Appendix 8

### Practical Coaching Assessment Activities

#### Volleyball / Beach Volleyball Level 2 Coach Training Program

##### Practical Assessment Activities

Following successful attendance at a Volleyball Australia Level 2 Coaching Course, coach candidates need to complete the prescribed practical components of the Volleyball / Beach Volleyball Level 2 Coach Training Program to gain their Level 2 Coach accreditation.

The prescribed practical component is:

Complete at least 20 hours practical coaching within twelve months of attending the Level 2 course. Following the completion of the 20 hours, which includes at least four hours supervised coaching practice, candidates will be assessed by a VA recognised assessor on their practical ability to coach effectively. A practical demonstration of coaching skills is required at a coaching session and a match, both of at least 45 minutes duration.

For both demonstrations the coach candidate will be assessed on their ability to perform their role in accordance with appropriate general and Volleyball-specific principles and skills of coaching including Setting, Serving, Receiving, Spiking and Blocking. An assessment checklist is used for each activity to outline the skills/competencies that the coach must demonstrate. The candidate must be rated as competent on all aspects of the assessment checklist to pass. Candidates may re-take the practical assessment as many times as necessary to achieve competency.

Any level of athlete may be involved in the coaching session and match.

The Level 2 accreditation will only be awarded if the Volleyball Australia deems the candidate to be competent.

A suitable assessor will need to be appointed to attend and evaluate the demonstration sessions to assess the competence of the candidate. The assessor should normally be:

- A Level 3 (or higher) Volleyball coach nominated by the Volleyball Australia.

However, the Volleyball Australia does have the right to appoint an assessor from outside of these parameters. Such appointments will be considered on an individual basis as the need arises.

**Volleyball / Beach Volleyball Level 2 Coach Training Program**  
**Practical Assessment Activities: Coaching Session Assessment Pro Forma**

Name of Coach Candidate: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Postal Address: \_\_\_\_\_

State: \_\_\_\_\_ P/C: \_\_\_\_\_

**Assessment Checklist**

Assessment Criteria	Comments	Assessment <i>(delete one)</i>
The coaching session was delivered in a manner compliant with the Coach's Code of Behaviour		Competent Not Competent
The coaching session appeared to have been planned and was appropriately structured.		Competent Not Competent
The drills used were appropriate to the stage of learning of the athletes, using logical progressions.		Competent Not Competent
The coach recognise correct technique of specific skills, eg setting, spiking, blocking etc		Competent Not Competent
Appropriate modified games were used to develop athlete skills in the context of the sport		Competent Not Competent
Communication, including non-verbal communication and feedback, was appropriate and delivered in an effective manner.		Competent Not Competent
The session was conducted with the physical well-being, health and safety of the athletes duly considered		Competent Not Competent

Result: (Must be assessed 'Competent' in all criteria to achieve 'Competency' for this Practical Assessment Activity):

- Candidate has achieved competency  
 Candidate is not yet competent : re-assessment required

Reasons for an assessment of 'Not Competent' on any criteria must be written in the 'Comments' section beside the specific criteria.

\_\_\_\_\_  
 (Name of Assessor)

\_\_\_\_\_  
 (Signature of Assessor)

\_\_\_\_\_  
 (Date)

**Volleyball / Beach Volleyball Level 2 Coach Training Program**  
**Practical Assessment Activities: Match Assessment Pro Forma**

Name of Coach Candidate: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Postal Address: \_\_\_\_\_

State: \_\_\_\_\_ P/C: \_\_\_\_\_

**Assessment Checklist**

Assessment Criteria	Comments	Assessment <i>(delete one)</i>
Match management was delivered in a manner compliant with the Coach's Code of Behaviour		Competent Not Competent
The pre-match protocols were conducted appropriately.		Competent Not Competent
The team warm-up was appropriately structured.		Competent Not Competent
The team was appropriately coached during the match. You will need to be a bit descriptive as to what you are looking at for a team to be "appropriately coached"		Competent Not Competent
Communication, including non-verbal communication and feedback, was appropriate and delivered in an effective manner.		Competent Not Competent
The match tactics implemented were appropriate to maintaining the physical well-being, health and safety of the athletes.		Competent Not Competent

Result: (Must be assessed 'Competent' in all criteria to achieve 'Competency' for this Practical Assessment Activity):

- Candidate has achieved competency
- Candidate is not yet competent : re-assessment required

Reasons for an assessment of 'Not Competent' on any criteria must be written in the 'Comments' section beside the specific criteria.

\_\_\_\_\_  
 (Name of Assessor)

\_\_\_\_\_  
 (Signature of Assessor)

\_\_\_\_\_  
 (Date)

## Appendix 9 – Coaching Practice Log Sheet



### Coaching Practice Verification Log Sheet (For Level 2 Volleyball / Beach Volleyball Coach Candidates)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

State & Postcode: \_\_\_\_\_ Phone Number: \_\_\_\_\_

#### Record of Coaching Practice

Complete at least 20 hours practical coaching within twelve months of attending the Level 2 course. Following the completion of the 20 hours, which includes at least four hours supervised coaching practice, candidates will be assessed by a VA recognised assessor on their practical ability to coach effectively. A practical demonstration of coaching skills is required at a coaching session and a match, both of at least 45 minutes duration.

	Date (dd/mm/yy)	Coaching Experience (team, grade, etc)	Assessor (if applicable)	Verification (by signature)
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I, \_\_\_\_\_, confirm that I have completed the coaching practice listed above.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_