



Squad Update No 3 (16/4/21)

NATIONAL YOUTH BEACH VOLLEYBALL CHAMPIONSHIPS (NYBVC)

COOLANGATTA, QUEENSLAND

26-29 APRIL 2021

Queensland Beach Volleyball State Team Squad

The following information is for travelling athletes selected for the Queensland Beach Volleyball State Team for the 2020 AJBVC:

Key Dates

Sunday, 25 April	QLD athletes make their own way to Coolangatta, arrive ~1pm 1:30pm Teams train on competition courts (no access to courts prior to 1:30pm due to ANZAC recognition) 3pm check into accommodation Evening – Opening Ceremony @ Twin Towns Evening – All States Welcome Dinner (athletes + coaches)
Monday 26 April	Championships starts
Tuesday 27 April	Pool Play continues
Wednesday 28 April	Play-off commence Qld Squad (athletes & coaches) + Supportes BBQ (see Team BBQ note)
Thursday, 29 April	National Youth Beach Volleyball Championships playoffs & Medal ceremony Qld athletes make their own way home

What to Bring

In addition to your uniform/clothes, drink bottle, sunscreen & toothbrush, also bring some laundry powder and a spare towel for the pool.

You will also be making your own breakfasts, so maybe bring these too (if not there is Woolies nearby).

Duty – whistle

Clothes

What to wear when

a) On court –

Whilst playing you must wear your official Qld Uniform.

A hat is optional, but if you choose to wear one it must be the official cap or visor, or an unbranded hat pre-approved by the Head of Delegation.

b) At the competition –

You must wear your Qld uniform.

Note: you must wear enclosed shoes to and from the competition venue

c) At the accommodation and around town–

Wear comfortable clothes of your choice, provided they are clean and decent.

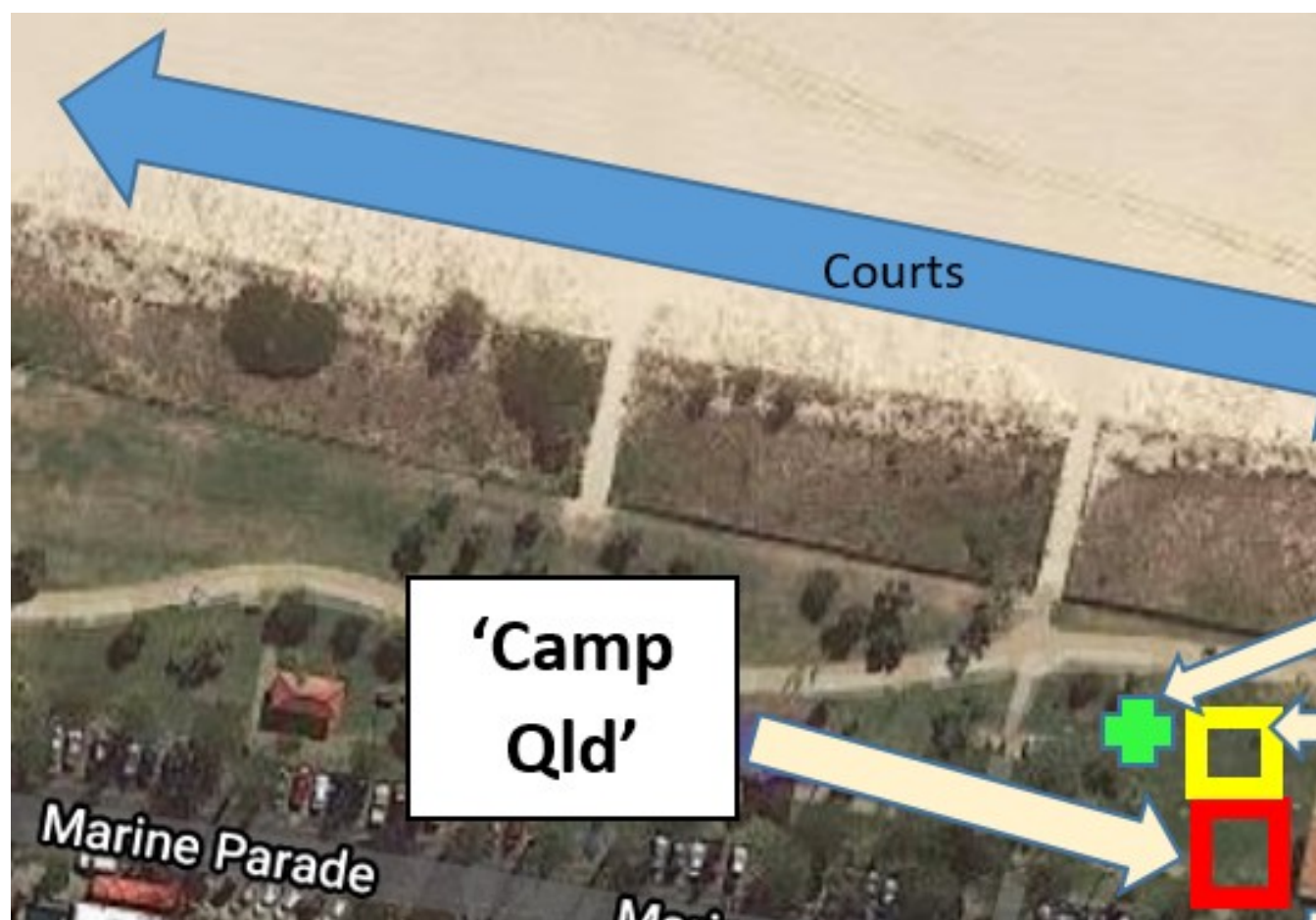
Pack a rain jacket and warm clothes just in case.

- d) At the Opening Ceremony & Welcome Dinner
- VQ Athlete Polo
 - VQ travel shorts or plain black, knee-length shorts
 - closed shoes
 - (optional if cold) VQ tracksuit / hoody

Arrival at Coolangatta

Athletes are to make their own way to Coolangatta, arriving around 1pm.
Please eat lunch beforehand as we train 1:30-3pm (in full playing uniform).

We will meet at the park across from our hotels and put our bags at 'Camp Qld'.



Accommodation

Athletes will be split between the 2 hotels largely on gender as follows:

- Mantra = girls u14, u16, u17, u18 + boys u17 (+13 coaches)
- Oaks = boys u14, u15, u16, u18 + u15 girls (+10 coaches)

Both accommodations are beachfront and within easy walking distance of:

- Shops – numerous shops including Woolworth are close by
- The competition venue - athletes will walk in groups between our accommodation and the competition venue (across the road).



The accommodation is fully self-contained apartments where the athletes will share with other team members. (note: rooming arrangements have been set by the team coaches and VQ staff).

There are laundry facilities and cooking facilities.
You do not require extra bedding as this is included in the accommodation.

Under NO CIRCUMSTANCES are male/ female athletes allowed in each others rooms at any stage. At all times, team staff must know where athletes are – athletes are not permitted to leave the team at any stage without prior permission.

Parents are not permitted to enter athlete room unless express permission is granted by the Qld Head of Delegation (Damien Searle).

Transport

Athletes are to make their own way to/from Coolangatta on the respective travel days.
No ground transport will be needed during the event as shops and playing courts are all in easy walking distance.

Meals

Breakfasts

Athletes are to provide their own

Lunches

Initially this was advertised as BYO, but given the great parental support offered we believe we can provide 'drop-in' lunch option (11am - 2pm) for our athletes. This will be confirmed prior to departure.

Dinners

- a) Sunday 25th March – Welcome dinner for all States athletes and coaches (details tbc)
- b) Monday 26th & Tuesday 27th – parent volunteers will assist athletes
- c) Wednesday 28th – Team Queensland BBQ (Athletes + Coaches + Supporters)
As is a tradition with our Qld Beach Squads all athletes & coaches get together ahead of finals day.
If you have any dietary requirements outside the usual BBQ foods please bring with you.

Family and Friends

We understand that family and/or friends may be in Coolangatta to support the teams. Whilst we do appreciate the support, athlete's primary focus is to play volleyball.

Should any athlete/s wish to spend time with family/friends – you must have prior permission from your team coach and must provide details of how long you expect to be absent as well as a contact number where you can be reached.

We ask family & friends to be good supporters. This includes:

- Acknowledging good play by both teams & not reacting to 'errors'.
- Not commenting on refereeing
- Allowing our coaches to do their jobs
- No heckling – keep it positive



Coaching

Head Coaches for each age-gender group will be helped by Assistant Coaches, who will work across age groups. This provide us coaching cover as Queensland has entered 56 teams into this year's event it is probable that numerous teams will be playing/dutying at the same time.

It is worth noting:

- a) Different age groups/teams require different coaching assistance.
For example, older age groups may be working on managing their own games and have lower coach input during the match compared to younger teams.

- b) Qld v Qld matches
In these matches our coaches will not be actively involved in the match but will usually be present (eg. Generally in u14 & u15 matches the coach is required to call substitutions).

Head Coaches are authorised to confiscate mobile devices at night if they are found to be detrimental to athlete recovery and preparation for the next day's matches. Parents will be informed if this occurs.