

## What Do I Do When I Coach a Team in a Game?

The following is a guide for you as a coach at a Volleyball match.



### Pre match

1. You need to write your team list, including players' shirt number on the scoresheet. You should have them written out on a sheet of paper and simply copy them onto the scoresheet. By having these on a piece of paper you can delegate to a manager, player etc. Check the shirt numbers before you and the team captain sign the scoresheet.
2. After the coin toss, you need to complete your rotation order and submit this to the scorer when requested. Have this written out on a separate piece of paper so it is simply a matter of copying, this also gives you a quick reference for telling the players what positions they are starting in.
3. Have your non-starters collect your team's volleyballs from the warm up and store them.
4. Greet the opposition coach if the opportunity arises in pre match protocol.
5. Organise your bench.
6. Keep your team and players' equipment behind your bench so if a player chases the ball off court near the bench they can do so safely.
7. The bench is only for the team i.e. coach, players and managers, not spectators.
8. Have a container, esky or holder of some sort for your teams water bottles.
9. Assign the task of refilling water bottles to one of the players or the manager after time outs / end of sets.
10. Have a towel or similar handy to clean up any spillage from water bottles.

### During the match

11. The coach sits on the seat at the end of the bench closest to the scorer, in line with the attack line, or stands between the attack and base line, in front of the team bench but 1.75 metres from the sideline.
12. You can request time outs/substitutions from the 2nd referee.
13. Your substitute players must be either seated on the bench or standing/staying warm in an area in line with the bench and base line.
14. When you request a substitution, the players must be ready to play (no cap or tracksuit!) and standing in the area in front of the bench between the attack line and centre line. They are allowed to enter the court when the 2nd referee permits.

### End of a set

15. Near the end of a set you should complete your rotation order for the next set and submit this to the scorer when moving to the other bench as you pass the centre line.
16. Ensure any team equipment you will need is taken with you as you change ends (water bottles, towels, first aid etc).

### End of match

17. Shake opposition coach's hand.
18. Have your captain sign the scoresheet but remind them to check the result.
19. Complete any post match protocol if required ie MVP voting or similar.
20. Make arrangements to meet with your team, or allocate them duty tasks should the team be rostered on the following game.
21. Take all team equipment as you vacate the court playing area and pick up any rubbish your team has left behind.