

Queensland Youth Indoor Trials – What to Expect & Next Steps

Trial Dates

- **Trial 1:** Saturday 18 April
- **Trial 2:** Saturday 9 May

Athletes are only required to attend at least 1 trial to be considered for selection, but attending both trials is encouraged where possible.

Trial Locations & Times

Trial locations and times vary by **age group and gender**.

Please check the official schedule here:

<https://www.vq.org.au/play-learn/youth-qld-indoor-teams/>

This page also includes the full program training schedule, which outlines the expected commitment for selected athletes.

What to Expect at Trials

Trials will be run by appointed Queensland coaches and typically include:

- Skill-based drills (serving, passing, attacking, setting)
- Game play and match scenarios
- Assessment of decision-making, communication, and teamwork
- Observation of attitude, effort, and coachability

Uniform Requirements

Athletes **must not wear**:

- Queensland representative uniforms
- Australian representative uniforms
- Club Jerseys

If an athlete arrives wearing these, they will be asked to change into alternate clothing before participating. School jerseys are acceptable.

Absent Trialists

Athletes who are unable to attend both trials must have:

- Submitted an **Absent Trialist Form**

These athletes will be considered for selection into the training squad based off their absent trialist forms and at the discretion of the coaching team.

Selection Process & Key Dates

1. Training Squad Announcement

- **Date:** Tuesday 12 May (*following Trial 2*)
- Published on the VQ website
- Squad size: **Approximately 30–40 athletes per team** (at Head Coach discretion)

2. Squad Phase (Training Period)

Athletes selected into squads will:

- Attend regular training sessions (as per published schedule)
- Continue to be assessed on performance, attitude, and commitment

3. Team Selection (Final Cut)

- Date: 16 June
- Selection of:
 - **Travelling Team**
 - **Shadow Athletes**

Volleyball Queensland will select 20 travelling athletes and up to 10 shadows per age group and gender. The number of Shadow athletes named will be at the Head Coach's discretion but will be no less than 5.

National Championships

- **Event:** Australian Youth Volleyball Championships
- **Location:** Perth, WA
- **Competition Dates:** 20–25 September
- **Travel Dates:**
 - Departure: 19 September
 - Return: 26 September

Program Costs

- An indicative cost for the program will be provided before the second trial
- Please note:
 - Travel costs may fluctuate due to external factors (e.g. flight availability, fuel prices)
 - The 2025 travel levy was \$4,000 as a previous indicator of cost, however with the current economic situation and instability in the middle east, flights are expected to be affected financially.

Important Notes for Athletes & Parents

- Selection into a Queensland Youth squad is competitive and not all athletes will progress beyond each stage. Some age groups will have over 130 athletes trialing.
- Feedback will not be provided to non-selected athletes after trials
- Commitment to the full training and competition schedule is expected if selected
- Communication regarding selections will be via the VQ website